Spotlight Chefs Mónica Márquez & Yves Larocque



Mónica Márquez and Yves Larocque are dedicated to art, art history

and creative cooking. Since 1999, they have been leading art workshops and gastronomic experiences in Italy and France through their art business, *walkthearts.com*. They have cooked for hundreds of artists and art lovers from North America, Australia and New Zealand and, since 2010, their cultural programs have also included cooking classes. Yves and Mónica believe that creativity and beauty are crucial elements in the kitchen and most importantly, in life!

Mónica Márquez & Yves Larocque



f.y.i.

What would people be surprised to find in your kitchen?

A replica of Menkaure and His Queen that we bought in Egypt a few years ago.

Which kitchen tool couldn't you live without?

Our knives, a herb mill from Moustiers and, of course, Menkaure and His Queen.

What is your favourite guilty pleasure?

Second helpings...

What is your motto?

Live cooking as an art experience. Let go! Be creative!

What do you value most in a cook?

Audacity.

meet them at...

LCBO RIDEAU STREET

MAY 15 JUNE 5